

## St Nicholas AC host the Cork County Juvenile Even Age Cross Country Championships



On Sunday the 7<sup>th</sup> October, in Castlelyons, our club hosted the Cork County even age cross country championships. This was the club's first big event since reforming in February 2011 with it being 26 years since we hosted our last cross country back in 1986 !! It was a great success with everybody enjoying the day and the weather staying dry.

This day would not have been possible without the huge support from the local and surrounding community and for this we are deeply appreciative. We want to thank the Kent family for donating their 2 fields for the day, the Community Council for allowing the use of the Fr Ferris Community Field as part of the course, Glanbia for their land for the parking and the Gardai for all their help. There was great feedback from people re the parking being so close to the course and everyone was full of praise and thanks for all the great parking stewards that were there on the day. We would like to thank everybody who made sandwiches and buns for the day, all the organisers behind the tea tent and everyone who helped out there during the day for providing that vital hot cuppa. Everyone was very appreciative of the great value, service and food on offer.

To everybody who helped plan and set up the course and facilities over the past few weeks and especially last Saturday and Sunday we are indebted to them for making the day the success that it was. It was great to see the huge amount of stewards on Sunday who turned up and ran the event so efficiently from the entry fee collectors, the stewards out on the course, the stewards controlling the crowd, everybody on the tunnel who helped out and everyone

who stayed behind after the event finished to help dismantle the course and tidy up. We would like to thank all the local farmers, landowners and clubs for donating stakes, rope, marquee and gazebo. A word of thanks goes to our photographer who took some great photos of the day – these are now on the Castlelyons Parish website for all to view.



### St Nicholas AC stewards

Finally we would like to congratulate all 15 athletes from our club who ran on the day in their different races and did themselves and the club proud. This would not have been possible without the huge commitment being put in by their coach, their trainers and all the members of our athletics club. The biggest cheer of the day came for Sarah Morrison who finished very strongly to claim gold in the U10 girls race – it was an unique event to see the host club winning the first county medal on home soil. Richard Morrison also claimed a county medal by finishing in 5<sup>th</sup> place in the boys U12 race in a very strong field with over 80 athletes in the field.





### **St Nicholas AC athletes**

We hope that everyone enjoyed the day and we look forward to hosting future cross country events with everybody's help. Training continues every Tuesday night at 7pm in the Fr Ferris Community Field. The next events are the uneven age Cork County X Country Championships in Carrignavar on Sunday the 14<sup>th</sup> October starting at 1pm. The Munster juvenile even age cross country will be held in Beaufort, Co Kerry on Sunday the 21<sup>st</sup> October with a 12 noon start and the Munster juvenile uneven age cross country will be held in Waterford on Sunday the 11<sup>th</sup> November. Any queries to Pat on 087-8188612.